Application must be completed in its entirety or it will not be accepted. First Name Last Name
Age (Race Day) DOB (MM/DD/YYYY) Male Female Unisex Shirt Size: Adult Youth Daytime Phone
Total for Run Fee = $\$$ Additional Donation to Get Fit For Education $\$$ Total Enclosed $\$$
Mailing Address
City State Zip Code
Category 5K Run 5KWalk Email Address
PI EASE READ AND SIGN:
In consideration of my acoptance as a participant in the RUN WITH FRIENDS event, I bereby, for myself, my beirs, executors, administrators and assignees release and hold harmless all sponsors and their agents, servants and employees, Project Persevenence, Inc., and Omega loa found and its representatives, employees and officials from any actions, losses and damages incurred by me or aising out of any connection with my participation in the aforementioned RUN WITH FRIENDS years! Variant that I am hysically fit and have trained sufficiently for the event.
Signature Communication of the
(FAREN LOK CUARUJAN MUS) SICH IF UNDEK 18 YEARS OF AGE)



https://qii-oppf.com/



https://projectp2007.org/

The Omega lota lota Chapter of Omega Psi Phi Fraternity, Inc. along with Project Perseverance, Inc. have collaborated to host the 9th Annual Run with Friends 5k Run/ Walk. Proceeds from the event will aid in scholarship efforts and mentorships in the tri-county area. Our Mentorship program involves youth from kindergarten, middle/junior high, and high school males in the Montgomery area. Our interactive program of involvement serves to provide positive role models in helping them acquire interpersonal skills and a sense of worth and empowerment.

For more information...

https://projectp2007.org/upcoming-events/5k-walk-run/

Run with Friends 5K Run/Walk

Place Stamp Here

Project Perseverance, Inc. P.O. Box 242983 Montgomery, AL 36124







9th Annual

Join runners and walkers from across the River Region as they participate in Montgomery's newest annual running event.

Run with Friends 5K Run/Walk will be held on September 13, 2025, Downtown Montgomery, at the Montgomery Union Station Train Shed.

The event will feature a Run/Walk of 5K.

The race is conducted through the efforts of the dedicated volunteers of Project Perseverance, Inc. and Omega Iota Iota Chapter of Omega Psi Phi Fraternity, Inc.

For more information ...

 $\underline{https://projectp2007.org/upcoming-events/5k-walk-run/}$

SCHEDULE OF EVENTS:

- Saturday, September 13, 2025
- 7:00 A.M. to 7:55 A.M. Packet pick-up for registered participants.
- 7:00 A.M. to 7:55 A.M. Late registration for participants. (Day of race registration: \$40/\$30 for 18 & under)
- 8:00 A.M. 5K START!

NOTE: Awards Ceremony will follow the completion of the 5K Run/Walk.

REGISTRATION & ENTRY FEES:

- Online registration available now at
- o https://projectp2007.org/upcoming-events/5k-walk-run/
- All fees are non-refundable. Checks should be made out to Project Perseverance, Inc., a 501c (3) entity. Mail entry form and fee to:

Project Perseverance, Inc. P.O. Box 242983 Montgomery, AL 36124

5K Run/Walk – Early Registration \$35 / \$25 (18 yrs & under)

DAY OF RACE – Late Registration \$40 / \$30 (18 yrs & under)

VIRTUAL RACE – No need to show up, we will mail you your race shirt. \$40 (virtual participant)

RACE INFORMATION:

- COURSE: The course will be well marked, and safety monitors will be stationed in needed areas.
- AID STATIONS: Water stations will be located along the course.
- TRAFFIC: Traffic control will be provided by the Montgomery Police Department.
- MEDICAL: Both medical support and radio communications will be provided to assure the safety of runners and walkers.

RACE CONTACT:

For race information, contact Dwayne Farrior at (334) 467-7870 or by email at ProjectP2007@gmail.com.

AWARDS:

- DIVISIONS
 - o Children [Boys & Girls]: 18 and under
 - Young Adult [Men & Women]: 19 to 39
 - Adult [Men & Women]: 40 to 59
 - Senior [Men & Women] : 60 and above
- Top 3 Finishers in EACH division will be awarded.

NOTE: NO DUPLICATION OF AWARDS!

NOTE: Cost covers race shirt, race bib, and informational bag. Race Shirts are guaranteed to the first 150 registered participants; Race medals are guaranteed to the first 150 finishing participants; Late entries/finishers while supplies last.

NOTICE: Due to insurance purposes, unregistered runners/walkers, unauthorized vehicles, bicycles, skateboards, rollerblades, strollers, baby joggers and other wheeled devices, animals, and the wearing of headphones are strictly prohibited in the event.

RACE PACKETS: Race packets will not be mailed. They will be available for pick-up September 12th (5:00 P.M. – 7:30 P.M.) at 309 Mendel Parkway West, Montgomery AL 36117 and on race day, September 13th, from 6:00 A.M. until 6:50 A.M. Packets will contain your race instructions, race bib, and 5k Run/Walk shirts.

RESULTS: Race results will be announced as soon as available at the end of the 5K Event and posted on our website.

REFRESHMENTS: Water, soft drinks, fruit and snacks will be available at the finish line.
PLEASE, NO PERSONAL COOLERS ALLOWED.

RACE LOCATION: Downtown Montgomery, at the Montgomery Union Station Train Shed, 210 Water Street, Montgomery, AL 36104

DIRECTIONS: Montgomery is located 90 miles south of Birmingham and 180 miles North of Mobile via I-65.

From Birmingham (Yellow → Purple): take I-65 S. to Exit 172. Then keep straight on Dickerson St, then left Herron St to Bibb St, then left on Molton St, and then right on Water St.

From Mobile (Blue → Purple): take I-65 N. to Exit 172. Then right Herron St to Bibb St, then left on Molton St, and then right on Water St.

